

HALCEA Minutes

Saturday, Oct. 22, 2011

10am-noon

Location: The Lactation Foundation

2636 South Loop West, #135

Houston, Texas 77054

713-839-0527

Before the business meeting and webinar, attendees had a tour of The Lactation Foundation, a WIC Breastfeeding Resource and Training center. Jane Van Nort, prn IBCLC for the clinic and Clinic employee Helen gave the tour of the clinic space, answering questions regarding eligibility of clients and breastpump loans. Any client that is served must be WIC certified somewhere (not necessarily UT WIC), and if certification is in process, they can be seen for simple breastfeeding assistance/advice – pump loans can only be made once certification is complete or verified.

The Foundation also serves as a part of some medical personnel training (pediatrics, family practice, and possibly future nursing programs) as well as a place for internships for allied health students (health educators, e.g.). Future IBCLCs and breastfeeding peer counselors may come to the Foundation for the Lactation Practicum, a 3 day training.

HALCEA member Alisa Sanders, RN, IBCLC, RLC is the director and the UT WIC Breastfeeding/Outreach coordinator – she was unable to be present today. Informational brochures and WIC client referral forms to the Foundation were available for today's participants to pick up.

As President Jane Van Nort was working at the Lactation Foundation today, recording secretary Mimi Smith opened the business portion of the meeting in the UT WIC offices. The August 2011 minutes were read and approved (all minutes can be found on the HALCEA website). Treasurer Suzy Adams gave the updated treasury report: Checking \$2522.68 and savings \$2704.43.

The Library of past ILCA conference sessions on CD and CD-R were available for check-out and sub-group use – many attendees borrowed today – please remember to return these items to Mimi Smith, 300 St. Joseph Parkway #324, Houston, TX 77002. If necessary, they can be brought to her at the holiday party in December.

Sub-group reports:

The Medical center/inner loop group met at Memorial Children's Hospital in August – several attendees networked and shared counseling experiences.

The North subgroup will meet on Nov. 15 at 6pm at Tomball Regional Hospital, viewing the DVD from 2011 ILCA, "Flat heads, Stiff Necks and Breastfeeding; What Does the Research Show?". If you are interested in attending and have never been to this subgroup, you are welcome to be there.

2012 Webinar Conference planning committee update:

Dates being considered: March 31st or April 14th (3/4 of the attendees today much preferred a Saturday over a Friday). The conference held 2 years ago was on a week day.

Webinar that HALCEA will purchase to use: "Help for the Hospital-Based Clinician", offering 6 Cerps (5 LCerps and 1 ECerp). Title offerings and speakers:

"Are we being ethical?" with March Walker, RN, IBCLC

"The Perfect Storm – mPinc, TJC Perinatal Core Measure set, and BFHI" – Glenda Dickerson, RN, IBCLC

"When, How and How Much? Infant Supplementation in the Hospital" – Ginna Wall, IBCLC

"Bringing Donor Human Milk into the NICU", Nancy Wight, MD, IBCLC, FABM, FAAP

"What would patient satisfaction look like from a Baby's viewpoint?", Phyllis Kombol, RNC, MSN, IBCLC, RLC

Committee members met recently to begin planning – venue, costs and conference fee will be determine shortly so that we can move forward to the advertising and registration of attendees. Morning coffee and boxed lunches will be provided. More information may be available by the HALCEA holiday party.

Professional dues: 2012 ILCA/USLCA dues through HALCEA is \$169.00 (without credit for meeting attendance). This can be payable to treasurer Suzy Adams on or before the December Holiday meeting. Suzy requests that when you print and turn in your ILCA registration form to her, that you include your ILCA membership number. If you do not know this, please contact ILCA membership person so that it can be provided. Also, please consider legibility on this form so that there is accuracy with your name and other data.

2012 HALCEA dues will remain \$20, payable at the holiday meeting or by January 1, 2012.

It was reiterated that in January 2011, the HALCEA board met and determined that due to dwindling bank account balances and an effort to boost attendance and activity in our local professional group, that receiving the credit (or discount) on the professional dues will now require attendance at at least 3 meetings – that could be 3 of the 4 large group meetings, or 2 large group meetings and one sub-group meeting. Sign-ins at each meeting will allow the board to determine which individuals met the requirement by the December gathering.

This information was e-mailed out to the persons who had renewed HALCEA membership as of March 1, 2011.

Holiday Social: will be held at the **Katy Birth Center**, hosted by **Connie Blokkum**, CNM, IBCLC.

Address is 1002 Avenue A, Katy, Texas 77493. Time 6:30 – 8:30pm; phone 832-437-5876. Traditionally, the hostess provides coffee and cold beverages, HALCEA purchases some Jason's Deli (or other) sandwiches, and members who attend bring appetizers and desserts to share. They may also bring their own beverages of choice. A quick survey was made on preference for next year's main meetings – most attendees present today expressed that the inclusion of 2 Saturday meetings out of the 4 worked well for them. The board will consider this in the planning of next year's dates. It has been pointed out that a few members might not be able to attend Saturday meetings due to work or faith practices, so continuing two Tuesday meetings and two Saturday meetings may be the most equitable scheduling.

After business meeting completion, we viewed the USLCA webinar purchased for our continuing education, "Teaching the Oxytocin-enriched Brain – Getting it 'right' so Moms can hear you" with Dawn Kersula, MA, RN, IBCLC. This was a one hour CD-R with 1 L-cep awarded.

The meeting was adjourned at 12:30pm.

Respectfully submitted,

Mimi Smith, recording secretary